

# Chatham Child Care News

Monthly Newsletter

April 2002

## ***Keep the Promise To North Carolina's Children***

*From the NC Partnership for Children*

In 1993, the Legislature made a promise to North Carolina's children. This promise was to help each and every child arrive at school ready to succeed and to have the best possible start in life. This promise is reflected in the legislation that authorized the Smart Start program:

*The General Assembly finds, upon consultation with the governor, that every child can benefit from and should have access to high quality early childhood education and development services. The economic future and well being of the State depends upon it.*

This year, we are reminding legislators of this promise, and asking them to remember that children can't wait. A child's development can't be put on hold and thus, we can't make our promise to them conditional upon good economic circumstances.

We have begun what will be a very ambitious, active education and outreach effort that has as its focus, the "Keep the Promise" theme.

The importance of this advocacy effort cannot be overstated. Senator Lee recently stated: **it is essential that every county contact their legislators every day between now and the end of the legislative session to let them know how important early childhood issues and Smart Start are. Without this type of steady, daily contact, legislators will not have the support they need to fight to avoid further cuts to the program!**

The elements of our advocacy effort are as follows.

**Contact Legislators Regularly:** Make arrangements to contact your legislators on a regularly basis. You might begin by asking child care providers in your community to reach out to legislators during the next two weeks. Then, ask the same thing of parents during the following

two weeks. Ask them to write, fax, email and talk to legislators at every opportunity. They can use the "keep the promise" message as a focal point for their communications. We cannot stress enough the importance of this. Remember, we heard the need for it from the best possible source!

**Education and Outreach Training:** Suzanne Metcalf and Tony Solari are continuing their series of workshops in the ways of educating and activating your community on behalf of young children. This year, Suzanne and Tony are focusing their efforts on parents and providers: working to bring them the information and tools they need to become effective advocates. Sessions focus on how to build a grassroots advocacy program from the ground up. [*Child Care Networks can organize a workshop for Chatham County. Call Marilyn Grubbs if you are interested.*]

**"Tuesdays at Home":** Tuesdays at Home is an effort to activate advocates and educate legislators in your community when the General Assembly is not in session. We are encouraging local partnerships, parents, and child care providers to conduct advocacy activities on Tuesdays between legislative sessions. Child watch tours, coffee's with legislators, writing about early childhood issues for local media and writing elected officials are all important and effective methods of increasing public awareness and helping legislators see how important you think it is for them to make and keep children their number 1 priority.

**Regional Forums:** On February 22, Rowan County held the first of 12 regional forums. These forums, to be held all around the state over the next three months are designed to bring key legislators, parents, providers, and community leaders together to discuss the needs of young children. The forums vary somewhat in format. Some will be round table discussions and town hall meetings while others bring people together as part of a child watch tour. All are open to the general public and media will be present to cover the events.

**A forum entitled "State of the Young Child in Chatham County" will be held on Thursday April 11 from 7 – 9 p.m. in the Superior Court room of the Chatham County Courthouse in Pittsboro.**

**Stand for North Carolina's Children:** A celebration of North Carolina's children will take place June 4, 2002, in Raleigh. A number of organizations that advocate on

behalf of children will be coming together to send a message to legislators that children must remain our first priority and that we must keep our promise to them. Please make plans to come to Raleigh, attend the rally and meet with your legislators.

**Become an “E-Advocate for Children”** by going to the Covenant with North Carolina’s Children’s web site [www.ncchild.org/covhome.htm](http://www.ncchild.org/covhome.htm) This has become a very powerful tool for influencing legislators. To become an advocate and receive alerts, just email Tony Solari or Paula Wolf at the Covenant with North Carolina’s Children.

If you’re not a member of the **Covenant**, or of the **Child Care Coalition**, you need to be! Both of these organizations work full time on behalf of children and are indispensable to our advocacy efforts. Contact Paula Wolf at the Covenant at 919-834-6623 or Roz Savitt with the Child Care Coalition at 919-781-5313. These organizations deserve your support!

#### State Government

##### *Elected Officials representing Chatham County*

[www.ncleg.net](http://www.ncleg.net)

Governor Mike Easley  
Office of the Governor  
20301 Mail Service Center  
Raleigh, NC 27699-0301  
733-5811 Fax: 733-2120

Senator Eleanor Kinnaird  
2115 Legislative Ofc Bldg  
Raleigh, NC 27601-2808  
733-5804 Fax: 733-2599  
Email: [elliek@ncleg.net](mailto:elliek@ncleg.net)

Senator Howard N. Lee  
629 Legislative Office Bldg  
Raleigh, NC 27601-2808  
715-3030 Fax: 733-2599  
Email: [howardl@ncleg.net](mailto:howardl@ncleg.net)

Lt. Gov. Beverly Purdue  
Office of the Lt. Governor  
20401 Mail Service Center  
Raleigh, NC 27699-0401  
733-7350 Fax: 733-6595

Representative Joe Hackney  
2207 Legislative Building  
Raleigh, NC 27601-1096  
773-5752 Fax: 733-2599  
Email: [joeh@ncleg.net](mailto:joeh@ncleg.net)

Representative Arlie Culp  
1010 Legislative Building  
Raleigh, NC 27601-1096  
733-5865 Fax: 733-2599  
Email: [arlicc@ncleg.net](mailto:arlicc@ncleg.net)

Representative Verla C. Insko  
2121 Legislative Building  
Raleigh, NC 27601-1096  
733-7208 Fax: 754-3185  
Email: [verlai@ncleg.net](mailto:verlai@ncleg.net)

### FOCUS ON CHILD CARE CONFERENCE 2002

This year’s Focus on Child Care Conference will be held on Saturday June 9 at CCCC in Pittsboro. The hours will be 8:00 a.m. to 4:00 p.m. As you know if you have attended before, this is a day full of training, gifts, and good food. It is planned for Chatham County child care workers by the Focus on Child Care committee, which includes representatives from the Chatham County Partnership for Children, Child Care Networks, child care providers, and other child care professionals. The agenda for the conference is still being finalized, and the committee is using your feedback from last year’s

conference to provide topics you want to learn about. Because of cuts in state funding, there will be a fee of \$10.00 each for Chatham County participants, and \$35.00 for people from other counties. Watch for registration information from the Partnership!



### CELEBRATE CHILDREN!

**April is Child Abuse Prevention month, and the Week of the Young Child is April 7 – 13. Here are some of the activities planned in Chatham County for April.**

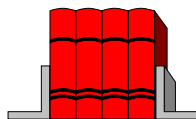
- A “signature ad” in the newspaper, with the names of people who support making services for young children a priority
- Displays of children’s art work at local banks, businesses, and CCN’s offices.
- A provider workshop on Poison Prevention, Tuesday April 9, 6:30 – 8:00 p.m. Call Marilyn Grubbs by April 2 to register.
- A Community Forum at the courthouse in Pittsboro on Thursday April 11, 7:00 – 9:00 p.m.
- TWO community events on Saturday April 13: a Family Fun Day at Central Carolina Community College in Pittsboro, and a Multicultural Festival at Bray Park in Siler City.

### Subsidy News

Please be advised that we are currently switching to computer generated vouchers and action notices instead of the NCR forms used in the past. These new forms will help us to serve parents more efficiently when they apply for child care services, or request changes in their plan of care. We are in the process of phasing out the old NCR forms and changing over to the new computer generated forms. Although you may still be seeing some of both types of forms for a while, you will usually receive two white copies printed from the computer. Please sign and return one form and keep the other for your records. We ask that you return the form as soon as possible, to ensure that you are reimbursed in a timely manner. If you have any questions or concerns, please feel free to contact the person who issued the voucher or action notice. We thank you for your patience as we make this transition.

-Nina Eaddy

**CHILD CARE NETWORKS RESOURCE LIBRARY  
FEATURE OF THE MONTH**



**This month's feature:**  
Songs Children Love to Sing  
Ella Jenkins

This CD is an anthology of earlier recordings celebrating Jenkins' 40 years of recording. Jenkins selected 17 songs that are especially popular with children from hundreds she has recorded for Folkways since 1956. The enclosed booklet includes song texts and a list of other Ella Jenkins recordings. This fortieth anniversary collection consist of songs such as: This-a-Way That-a-Way, Miss Mary Mack, Toom-Bah-Ee-Lero, Little Charlie Just Off the Pickle Boat, Follow the Leader, Please Is a Pleasant Expression, Many Pretty Trees All Around the World, Muffin Man, This Old Man, Dulce, Dulce, Ten Green Bottles, On a Holiday, and many, many more.

*Our Resource Library is available to Chatham County child care providers. To check out items, call Brenda Foxx at 542-6644, extension 16 or Marilyn Grubbs at extension 21. We may be able to deliver items if you have trouble coming to pick them up.*

*Items in the Resource Library were purchased with funding from the Chatham County Partnership for Children.*



**In addition to the training listed here, we have information about workshops in nearby counties sponsored by other agencies. Call Marilyn Grubbs at 542-**



**6644, extension 21 for this information.**

## CPR AND FIRST AID



CPR or First Aid classes are taught by Sue Morrow, RN, monthly at Child Care Networks. Here is the upcoming schedule:

- |                |           |       |
|----------------|-----------|-------|
| • April 4      | CPR       | \$22* |
| • May 1        | First Aid | \$15* |
| • June 10      | CPR       | \$22* |
| • July 2       | First Aid | \$15  |
| • August 6     | CPR       | \$22  |
| • September 24 | First Aid | \$15  |

*\*Classes are \$3 each for programs currently on contract to upgrade their quality. Funding for this reduced fee is provided through Chatham County Partnership for Children.*

All classes begin at 6:00 p.m. at our office, 117 E. Salisbury Street in Pittsboro. **Call Brenda Foxx to register for classes. Register early, since classes fill up quickly.**



### Preschool Outreach Program Presents... 2002 Child Care Provider Workshop Series

**April 23: Stress Management for Child Care Providers** Presenters: Miriam Lieberman & Holly Frye, KidSCOPE Program

**May 8: Brain Development** Presenters: Rosemary McCarthy-Mareka, Orange Co. PACT Program & Jennifer Rotella, Preschool Outreach Program

**June 5: Enhancing Play Skills in Preschoolers** Presenters: Jennifer Rotella, Preschool Outreach Program & Jean Whicker, KidSCOPE Program

#### Training credits available!

To register: Call Jennifer Rotella at 542-4422 one week prior to each workshop

What time? 6:00 p.m. – 8:00 p.m. for each session

Where? Central Carolina Community College, Pittsboro; Conference Room, Building One

**Snacks and meals should be planned to follow the USDA Dietary guidelines.**

- ☺ Offer a variety of foods
- ☺ Serve meals and snacks that help maintain a healthy body and weight
- ☺ Offer meals and snacks that are low in fat, saturated fat and cholesterol
- ☺ Serve plenty of vegetables, fruits and grain products
- ☺ Offer and use sugar only in moderation

**Suspension from CACFP**

A provider may be suspended and ultimately terminated from the CACFP for the following reasons:

- Claiming more meals than were actually served. The provider will be held financially responsible for over claims.
- Failing to comply with the standards of the Child and Adult Care Food Program.
- Consistently being late with paper work or submitting inaccurate paperwork.
- Failing to attend a workshop during each fiscal year.

**Child-size Vegetable Servings**

- ❖ ½ cup winter squash
- ❖ ½ cup sweet potatoes
- ❖ ½ cup cooked collard greens
- ❖ 1 cup leafy raw vegetables such as romaine lettuce, spinach, or mixed green salad
- ❖ 2 cooked broccoli spears
- ❖ 1 ½ whole carrots cooked

Four to 6 year olds can eat these serving sizes. Children 2 to 3 years of age need the same variety of foods as 4 to 6 year olds but may need fewer calories. Offer them smaller amounts but make more available.

*The Child and Adult Care Food Program is operated in accordance with the U.S. Department of Agriculture policy. The USDA prohibits discrimination in all its programs and activities on the basis of race, color, national origin, gender, religion, age, disability, political beliefs, sexual orientation, or marital or family status. To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 14<sup>th</sup> and Independence Ave., SW, Washington, DC 2050-9410 or call (202) 720-5964.*

CHATHAM CHILD CARE NEWS is a resource publication for caregivers, parents, and other persons interested in child care. It is published monthly by Child Care Networks. Suggestions, information, and articles are welcomed and printed as space permits. Mail information to:

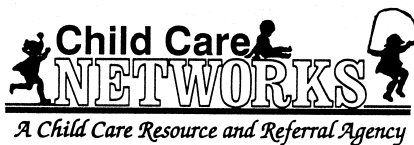
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or call (919) 542-6644, extension 21.

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